

Newsletter

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Mindfulness update

In our mindfulness work we are looking at responsibility, ownership and dealing with it.

When children develop personal responsibility, it gives them their best chance of avoiding many of the pitfalls of life. It makes them better able to deal with inevitable problems that arise in life, particularly as they get older.

We are coaching children through any misunderstandings, working in developing their resolution and be able to say I made a mistake, own it and then move on.

You could help...

We believe learning how to meet responsibilities is one of the most important skills children can learn when they're young. As they grow older, they'll have a thorough understanding of the relationship between responsibilities, accountability, and rewards.

So we are focused on being thoughtful and we know you will be helping to enforce accountability at home. It's a part of maturing, and it is a very necessary component to learning how to function in an increasingly complex and demanding world.

Work with us on...Teaching and Coaching Responsibility...we know it's important to sit down and reinforce to children what responsibility means. Responsibilities are like commitments or promises—they're the things you have to do, the things that are your job, and the things you're involved in where other people are depending on you. Maybe you can share your responsibilities and how they impact on your homes?

So ...

"If you make a sandwich for yourself, it's your responsibility to put the dishes in the dishwasher."

Remind and coach your child into meeting their responsibilities with us...

If your child is year 1 up...one of our asks is to let them come into school and organise themselves. Put their own coat on the hook, put their bag in the right place etc. Start small if it helps by one thing at a time...

Maybe if they are older they could help make their own packed lunch or organise their uniform for the next day?

What about being in charge of remembering their PE kit?

Thank you for reading, we hope this will also mean less jobs for you as a parent ☺.

Fire Drill

A quick reminder that if a fire alarm takes place during the end of the school day, it is essential that if handover hasn't already taken place with your child that your child remains in our care until he/she is accounted for. We have very strict procedures to follow to ensure the continued safety of our children, staff & visitors. We like to thank you for your co-operation in Monday's fire drill.



Advertising

Would you or someone you know like to advertise their business in our newsletter for just £20 a year.

Please email admin@oakmeadowprimary.co.uk for more information.

Young Voices

Last Friday, Mrs Morris and Miss Rudd together with four other members of staff took the Oakmeadow Young Voices choir to perform at The Genting Arena. Following many Mondays of weekly practise and another 4 hours practise at the venue, our Oakmeadow children sang their hearts out with 6,000 other children from all around the Midlands.

They were amazing!

Well done Young Voices.



Letters out this month

Yr 2 Big Sing

Yr 1 Trip

Yr 2 Trip

Yr 3&4 Trip

Yr 5 Trip

Yr 6 SAT's Revision Guides

Yr 6 Darwin walk

Yr 5 Big Sing



Copies of our letters are available on the school website.

Parent Governor Elections

Ballot papers will be coming home tonight for the parents governor elections. Slips must be returned to the school office by Friday 8th February.

Thank you.

Parent Governor Election: Personal Statements

Paul Breeze

My children Dylan 6 and Oliver-Jack 4 both enjoy attending Oakmeadow.

My interest in becoming a school governor is driven by my belief that all children irrespective of societal background should be adequately equipped with the right skills and foundation required to set them up for the future, enabling every child to learn, grow and reach their full potential.

I believe that the skills I have developed in my professional life as well as my Involvement in the community will complement those of the Governing body to ensure Oakmeadow continue providing a high level of education to our children.

Claire Thomas-Davis

Both my children attend Oakmeadow School. I have worked in the banking industry with Board members, facilitating large teams/projects within a Director/Senior management capacity.

I have a wide range of skills to utilise within the Governor role and the time available to do so. Two years ago I set up my own business for a better work/life balance and now enjoy being a work from home parent.

I am keen to contribute to Oakmeadow's future, support staff and represent views of parents. My children have received excellent support and as a Governor I would advocate this.

Cross Country

The sun was shining, but it felt very far away as the whole of KS2 set out for the top pitch area of the village on a crisp winter's morning, the coldest so far, for what would be the inaugural house cross country meeting as part of the bigger and better house sports competition this year. Course set out by Mr Ostermeyer, and potential hazards assessed and marked, including some salting of the road section of the course, all was good to go.

Children registered and then headed straight up for a quick warm up and to get going; standing around for too long was not desirable! Our three y3/4 classes were first to head to the start line, waiting for Mrs Whelan to give the start orders. Finally they were off, following Mr Ostermeyer around the course of the football pitches before heading into the serene-looking sensory garden, displaying a sheen of white all around. It was then back into the football pitches and the other side of the perimeter before the finishing straight. It was great to see children enjoying themselves and supporting each other, displaying our school value of teamwork. The on looking y5/6 children were certainly very vocal in their support!

When all of the first run had finished, it was decided that y3/4 would head back off to school to get warm. Y5/6 were soon to get underway, upping the pace with the Gray brothers pushing the hare Mr Ostermeyer all of the way with a 1-2 finish. Once again, children displayed resilience in keeping going around the course before finishing strongly. Mrs Whelan remarked how lovely it was to see the smiles and the sense of achievement on all faces as they crossed the finish line. Some favourite remarks overheard include "this is beautiful!", and, "can we do this every Thursday?".

It was a fantastic event, and it has allowed the children to see lovely areas of their visit in a different way. Thank you to all of the members of staff who ensured it ran so smoothly, the children for their vigour and enthusiasm, and to parents for supporting with correct kit. Here is to the same next year!





Parenting Team Understanding Your Child Clinics

Spring Term 2019

Day of week	Monday	Tuesday	Wednesday	Thursday	Friday
Location	OSWESTRY	BRIDGNORTH	SHREWSBURY	SHREWSBURY	MARKET DRAYTON
Address	The Centre	The Library	Crowmoor Hub	Sunflower Hub	Raven House
Times	12.30 – 16.30 Weekly	12.00 – 16.00 Bi-Weekly	12.30 – 16.30 Weekly	09.00 – 13.00 Weekly	09.00 – 15.30 Weekly
Location	LUDLOW	SHIFNAL		WHITCHURCH	
Address	Rockspring Centre	The Old Fire Station		The Library	
Times	12.00 – 16.00 Bi-Weekly	12.00 – 16.00 Bi-Weekly		10.00 – 15.30 Weekly	
Location	CRAVEN ARMS			CHURCH STRETTON	
Address	The Gateway			The Library	
Times	12.00 – 16.00 Bi-Weekly			12.30 – 16.30 Weekly	

- Clinic Appointments are for 45 minutes, and the clinics run either weekly or Bi-weekly
- Telephone Consultation Appointments are also available throughout the week.

All bookings via Parenting Team: parenting.team@shropshire.gov.uk or Telephone 01743 250950

Dates for your diary 2018/2019

February 2019

Monday 4th	Yr 3& 4 Trip
Tuesday 5th	Yr 3& 4 Trip
Wednesday 6th	Yr 3 Swimming
Wednesday 13th	Yr 3 Swimming
Friday 15 th	Break up for half term
Monday 25 th	Back to school—Clubs Start again this week
Wednesday 27th	Yr 3 Swimming

March 2019

Monday 4th	Yr 2 Trip to Whittington Castle
Tuesday 5th	Yr 2 Trip to Whittington Castle
Wednesday 6th	Yr 5 Trip to Liverpool
Wednesday 6th	Yr 3 Swimming
Monday 11th	Yr 1 Trip to The Toy Museum
Monday 18th	KS1 Family Lunch
Wednesday 20th	Yr 3 Swimming Last Week
Wednesday 27th	Yr 4 Pioneer Trip - Friday 29th



Wow Moment

Wow moment for Gemma in year 5 who got to carry the Shrewsbury town flag on to the pitch at last weekends FA cup match against Wolves .

Well Done Gemma!



Eat Them To Defeat Them

Eat Them To Defeat Them is a campaign from ITV and Veg Power to encourage kids to eat more veg. 80% of kids and 96% of teenagers don't eat enough vegetables. We want to get them eating more. This fun campaign aims to do just that, by turning it into a game. After all, we all learn through play.

To Learn more please see the links below:

<https://vegpower.org.uk/>

<https://s3-eu-west-2.amazonaws.com/ifour-vegpower-uploads/wp-content/uploads/2019/01/25120824/rationale-for-the-power-up-icons.pdf>



Online Activity

We are noticing that there is an increase in falling out on the playground—when we investigate this it is almost always rooted in ONLINE activity. This is either with community groups, Whatsapp or games like Fortnite.

We believe it is natural for children to fall out 'over who is best' in games and to have an element of competition. However it is increasingly obvious that we need to support the children in playing compassionately and with empathy. Recognising when they say things what impact it has on others.

Please can you help...

*When the children are playing on line can you help us to remind them to be **kind to others online**, to know that the **language they use online should be the same as what is expected in person to person** conversations and to appreciate they have many talents and are all good at different things. Some might be brilliant at Fortnite, others might be better at art etc.*

Thank you for working with us on this.

What age rating is Fortnite? Fortnite has a PEGI rating of 12, PEGI have said this is due to the: 'frequent scenes of mild violence. It is not suitable for persons under 12 years of age'.20 Mar 2018

WHAT RESEARCH SAYS...


This is also important because the habits kids develop while playing video games can generalize into other settings, like school.

"There's something about really trying to win against a group of people and feeling like you're getting better and better and closer and closer," says Sarah. "It almost seems like it's gambling, like a slot machine. It hooks these kids and they feel like they need to keep playing."



SECOND-HAND UNIFORM SHOP

PRICE GUIDE

<u>Official School Logo Items</u>			<u>Plain School Uniform Items</u>	
Coats	£5		£1	Lilac Summer Dresses
Jumpers / Cardigans	£3		£1	Daps / Shoes
T-Shirts/PE (House) T-Shirts	£1		50p	Skirts/Pinafores/Shorts /
Book Bag /Rucksacks/PE Bags	£1		50p	Trousers
Baseball Caps	£1		20p	P.E. Shorts /Leggings/T-Shirts
			Hair Scrunches' /Socks/Tights	

Located Opposite The Main Meeting Room

**This Service Is Run Entirely By Volunteers
& All Donations Go To Oakmeadow PTA**

PLEASE HELP To Keep This Service Available By



1. Donating good clean uniform (in the box provided)
2. Paying for purchases at Reception
3. Keeping the cupboard tidy

Thanks For Your Support!

If you have any spare children's clothes hangers donations would be greatly appreciated. Please drop off at the main school reception. Thank you

0.5% CASH BACK ON AMAZON!

As we are a charity we have registered with Amazon smile.

If you shop with Amazon just go to <https://smile.amazon.co.uk>

Sign in as normal, search for Friends of Oakmeadow, select then shop as normal.

We get given 0.5% of the cost of your net purchase* at no extra cost to you. Easy!

*currently only on web not app shopping



Friends of
Oakmeadow