














# Spring Summer 24 – Week One

8 Apr, 29 Apr, 20 May, 10 June, 1 July, 22 July, 12 August, 2 Sept, 23 Sept, 14 Oct



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WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Wholemeal Cheese & Tomato Pizza served with Potato Wedges 	All Day Pork Sausage Breakfast Served with Tiny Tater Hash Browns & Baked Beans or Tomatoes	Roast Chicken Served with Skin on Roast Potatoes & Gravy	Creamy Korma Style Chicken & Lentil Curry Served with Mixed Rice 	Friday Fish Fingers served with Chips & Tomato Ketchup
Vegetarian Main Meal Option 2	Creamy Vegetable Penne Pasta Carbonara	All Day Veggie Sausage Breakfast Served with Tiny Tater Hash Browns & Baked Beans or Tomatoes	Veggie Sausage Served with Skin on Roast Potatoes & Gravy 	Sweet Potato, Spinach & Chickpea Korma Served with Mixed Rice 	Vegetable Dippers Served with Chips & Tomato Ketchup
Vegetable Selection	Daily Vegetables Baked Beans 	Daily Vegetables Baked Beans 	Daily Vegetables Baked Beans 	Daily Vegetables Baked Beans 	Daily Vegetables Baked Beans
Jacket Potato	Tuna, Cheese or Beans	Tuna, Cheese or Beans 	Tuna, Cheese or Beans 	Tuna, Cheese or Beans 	Tuna, Cheese or Beans
Filled Sandwiches	Tuna, Cheese or Ham	Tuna, Cheese or Ham	Tuna, Cheese or Ham	Tuna, Cheese or Ham	Tuna, Cheese or Ham
Salad Selection	Mixed Fresh Salad And Pasta	Mixed Fresh Salad And Pasta	Mixed Fresh Salad And Pasta	Mixed Fresh Salad And Pasta	Mixed Fresh Salad And Pasta
Dessert	Marble Sponge & Custard	Chocolate Shortbread Biscuits & Fruit Slices 50/50 	Iced Vanilla Traybake	Fruit Jelly 	Chocolate Ice Cream

Available Daily: Pick & Mix Selection, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s)  
of fruit or veg



Source of  
wholegrain



Contains  
plant-based  
proteins



50%  
fruit



Oily  
fish



**Our desserts meet Public Health England's target for 'free sugar' intake for your child.**













Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.



## Spring Summer 24 – Week Two

15 Apr, 6 May, 27 May, 17 June, 8 July, 29 July, 19 Aug, 9 Sept, 30 Sept, 21 Oct



WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Wholemeal Cheese & Tomato Pizza Served with Potato Wedges	Summer Hot Dog Baguette Served with Freshly Made Coleslaw Salad 	Roast Gammon served with Skin on Roast Potatoes & Gravy	Beef Bolognese & Penne Pasta 	Friday Fish Fingers served with Chips & Tomato Ketchup
Vegetarian Main Meal Option 2	Macaroni Cheese	Summer Veggie Sausage Hot Dog Baguette Served with Freshly Made Coleslaw Salad 	Cauliflower Cheese Served with Skin on Roast Potatoes & Gravy 	Veggie Mince Bolognese & Penne Pasta 	Cheese & Onion Puff Pastry Roll Served with Chips & Tomato Ketchup
Vegetarian Selection	Daily Vegetables Baked Beans 	Daily Vegetables Baked Beans 	Daily Vegetables Baked Beans 	Daily Vegetables Baked Beans 	Daily Vegetables Baked Beans
Jacket Potato	Tuna, Cheese or Beans	Tuna, Cheese or Beans 	Tuna, Cheese or Beans	Tuna, Cheese or Beans 	Tuna, Cheese or Beans
Filled Sandwiches	Tuna, Cheese or Ham	Tuna, Cheese or Ham	Tuna, Cheese or Ham	Tuna, Cheese or Ham	Tuna, Cheese or Ham
Salad Selection	Mixed Fresh Salad And Pasta	Mixed Fresh Salad And Pasta	Mixed Fresh Salad And Pasta	Mixed Fresh Salad And Pasta	Mixed Fresh Salad And Pasta
Dessert	Ginger & Mandarin Traybake 50/50 	Strawberry Jelly	Freshly Baked Chocolate Cookie	Flapjack Finger With a fresh slice of Watermelon 50/50	Homemade Shortbread Biscuits

Available Daily: Pick & Mix Selection, Fresh Bread, Fresh Fruit & Yoghurt

## Spring Summer 24 – Week Three

Portion(s) of fruit or veg	  	Source of wholegrain		Contains plant-based proteins		50% fruit		Oily fish	
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**Our desserts meet Public Health England's target for 'free sugar' intake for your child.**

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22 Apr, 13 May, 3 June, 24 June, 15 July, 5 Aug, 26 Aug, 16 Sep 7 Oct.



WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Wholemeal Cheese & Tomato Pizza served with Potato Wedges 	Farm Assured Pork Sausage Roll Served with Mashed Potato	Roast Chicken Served with Skin on Roast Potatoes & Gravy 	Minced Beef Lasagne Served With Garlic Bread 	Friday Fish Fingers served with Chips & Tomato Ketchup
Vegetarian Main Meal Option 2	Cheese & Tomato Pasta Bake	Cheese & Onion Puff Pastry Roll Served with Mashed Potato	Savory Vegetable Mince & Gravy served with a Yorkshire Pudding & Skin on Roast Potatoes 	Macaroni Cheese 	Quorn Veggie Burger In a Bun Served with Chips & Tomato Ketchup
Vegetarian Selection	Daily Vegetables Baked Beans 	Daily Vegetables Baked Beans	Daily Vegetables Baked Beans 	Daily Vegetables Baked Beans 	Daily Vegetables Baked Beans
Jacket Potato	Tuna, Cheese or Beans	Tuna, Cheese or Beans 	Tuna, Cheese or Beans 	Tuna, Cheese or Beans	Tuna, Cheese or Beans
Filled Sandwiches	Tuna, Cheese or Ham	Tuna, Cheese or Ham	Tuna, Cheese or Ham	Tuna, Cheese or Ham	Tuna, Cheese or Ham
Salad Selection	Mixed Fresh Salad And Pasta	Mixed Fresh Salad And Pasta	Mixed Fresh Salad And Pasta	Mixed Fresh Salad And Pasta	Mixed Fresh Salad And Pasta
Dessert	Baked Apple Sponge served with Custard 50/50 	Tutti Frutti Jelly and Mandarins 50/50 	Freshly Baked Vanilla Cookie	Zesty Lemon & Blueberry Yoghurt Cake	Homemade Flapjack

Available Daily: Pick & Mix Selection, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 
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