



Oakmeadow CE Primary School

Bayston Hill

Shrewsbury Shropshire

SY3 ONU

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Head teacher: Mrs C Whelan BA (Hons) QTS NPQH Pg Cert

Deputy Head teacher: Mrs L Jones B Ed (hons) NPQH

11th June 2019

Dear Parents/Carers,

Over the next few weeks your child/ren will have the opportunity to take part in the 'Relationship and Sex Education' programme. This programme is about enabling children to act responsibly in making and maintaining relationships with others and to feel good about themselves and the choices they make. It is about developing assertiveness skills and the ability to respect themselves and others.

Relationship and Sex and Education involves:

- Providing information and knowledge
- Challenging beliefs
- Forming positive attitudes and values
- Developing sexual identity
- Promoting the skills necessary for effective communication and loving, caring and happy relationships.
- Encouraging positive behaviour.

The units will cover:

- Reviews the physical and emotional changes that take place for girls at the onset of puberty.
- Reviews the physical and emotional changes that take place for boys at the onset of puberty.
- Examines the development of relationships, the images of sex created by the media and popular culture, and marriage. Conception and contraception are explored.

Parents are able to view the resources and booklets so you can help to support your child/ren's learning from **3:30 – 4.30pm on Monday 17th June** in Mrs. Ostermeyer's classroom.

If you do not wish your child/ren to take part in the 'Relationship and Sex Education programme, please put it in writing and hand in at the office as soon as possible.

Kind regards,

Mrs Hill & Mr Ostermeyer
Year 6 Teachers

Twitter: @oakmeadow



OUTSTANDING 2016