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Autumn Winter Menu 2023/24 – Week One

13 Nov, 4 Dec, 1 Jan, 22 Jan, 12 Feb, 4 Mar, 25 Mar

WEEK ONE	PLANET GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Pip's Planet- Friendly Option	Mexican Bean & Roasted Vegetable Burrito	Cheese & Tomato Pizza & Garlic Bread	Filled Yorkshire Pudding with Plant- based Mince & Mash Potatoes	Cheese & Onion Pastry Roll & Skin on Baked Wedges	Mediterranean Vegetable Pasta Bake	
Option Two	Homemade Macaroni Cheese	Veggie Tikka Masala & Rice	Filled Yorkshire Pudding with Beef & Vegetable Mince & Mash Potatoes	Pork Sausage Roll & Skin on Baked Wedges	Cod Fish Fingers & Chips	
Vegetables	Mixed Vegetables, Sweetcorn	Peas, Cauliflower	Carrots, Seasonal Greens	Green Beans, Sweetcorn	Baked Beans, Peas	
Sandwiches	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham					
Baked Jacket Potatoes	Jacket Potato With Cheese, Beans or Tuna Mayonnaise	Jacket Potato With Cheese, Beans or Tuna Mayonnaise	Jacket Potato With Cheese, Beans or Tuna Mayonnaise	Jacket Potato With Cheese, Beans or Tuna Mayonnaise	Jacket Potato With Cheese, Beans or Tuna Mayonnaise	
Dessert	Homemade Apple Sponge Cake	Oaty Flapjack Finger	Homemade Vanilla Sponge & Custard	Fruity Strawberry Jelly & Mandarin Segments	Chocolate Shortbread	

x Selection, Salad Selection, Fresh Bread, Fresh Fruit & Yoghurt



Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

Autumn Winter Menu 2023/24 – Week Two 23 Oct, 30 Oct, 20 Nov, 11 Dec, 8 Jan, 29 Jan,



19 Feb 11

WEEK TWO	PLANET GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pip's Planet- Friendly Option	Loaded Cheesy Bean Hot Pitta Parcel	Plant-based Bolognaise Pasta with Lentils, Peppers & Basil	Quorn Sausage Toad in the Hole, Roast Potatoes & Gravy	Homemade Macaroni Cheese	Cheese & Onion Pastry Roll & Chips
Option Two	Homemade Cheese & Tomato Pizza & Garlic Bread	Hearty Pasta Bolognaise with Peppers	Toad in the Hole, Roast Potatoes & Gravy	Mexican Style Chicken, Bean & Sweetcorn Burrito	Cod Fish Fingers & Chips
Vegetables	Sweetcorn, Peas	Green Beans, Carrots	Cauliflower, Seasonal Greens	Mixed Vegetables, Sweetcorn	Baked Beans, Peas
Sandwiches, Rice & Pasta		Freshly Made Sandw	ich with Cheddar, Tuna	Mayonnaise or Ham	
Baked Jacket Potatoes	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans
Dessert	Apple & Sultana Crumble Bar	Homemade Lemon Cake & Custard	Banana Cake & Fruit Slices	Chocolate Cookie	Fruity Strawberry Jelly



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Autumn Winter Menu 2023/24 – Week Three 6 Nov, 27 Nov, 18 Dec, 15 Jan, 5 Feb, 26 Feb, 18 Mar, 8 Apr



WEEK THREE	PLANET GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
Pip's Planet- Friendly Option	Pork Hotdogs & Wedges		Quorn Roast Potatoes & Gravy	Homemade Cheese & Tomato Pizza & Garlic Bread	Cheese & Onion Pastry Roll & Chips		
Option Two	Homemade Macaroni Cheese	Chicken & Sweetcorn Meatballs & Pasta		Beef Mince Chilli & Rice	Cod Fish Fingers & Chips		
Halal Option			Roast Chicken, Roast Potatoes & Gravy				
Vegetarian Option Two		Vegetable Meatballs, Tomato Sauce & Pasta					
Vegetables	Sweetcorn	Mixed Vegetables, Peas	Seasonal Greens, Carrots	Green Beans, Cauliflower	Baked Beans, Peas		
Sandwiches, Rice & Pasta	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham						
Baked Jacket Potatoes	Jacket Potato with Tuna Mayonnaise or Cheese or Beans						
Dessert	Chocolate Banana Cake	Oaty Flapjack Finger with Fruit	Homemade Chocolate Sponge & Custard	Citrusy Lemon Drizzle Cake	Shortbread & Mandarin Pieces		



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