

Free School Meals

Your child may be able to get free school meals if you get any of the following:

- Income Support
- income-based Jobseeker's Allowance
- income-related Employment and Support Allowance
- support under Part VI of the Immigration and Asylum Act 1999
- the guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if you apply on or after 1 April 2018 your household income must be less than £7,400 a year (after tax and not including any benefits you get)
- Children who get paid these benefits directly, instead of through a parent or guardian, can also get free school meals.

Your child may also get free school meals if you get any of these benefits and your child is both:

- younger than the compulsory age for starting school
- in full-time education

If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in on 31 March 2022.

Infant free school meals in England

Your child will be able to get free school meals if they're in a government-funded school and in:

- reception class
- year 1
- year 2

Tell your local authority if you also get any of the qualifying benefits. Your child's school can get extra funding if you do.

www.gov.uk/apply-free-school-meals

Allergens and Special Diets

Details of allergens for each Shire Services' recipe are listed in our allergy guidance packs. Please contact the school to arrange to meet the catering manager to discuss any dietary requirements you have.

Grab & Go Counter

Week 1 Monday	French Bread Pizza (v)
Tuesday	Breaded Chicken Sub
Wednesday	Fish Finger Wrap
Thursday	Meatball Sub
Friday	Cheese & Tomato Melt (v)

Week 2 Monday	Hot Dogs Not Dogs (v)
Tuesday	French Bread Pizza (v)
Wednesday	Tuna & Cheese Melt
Thursday	BBQ Chicken Melt
Friday	A Selection of Cold Wraps (v)

Week 3 Monday	BBQ Quorn & Cheese Melt (v)
Tuesday	Chicken Burger Quorn Burger (v)
Wednesday	A Selection of Cold Wraps (v)
Thursday	Bacon & Cheese Melt
Friday	Beef Burrito

Grab & go bags are available from this counter daily.

Grab & Go Selections

A selection of salads available from the salad bar daily - with either chips, jacket wedges, herby diced potatoes or pasta.

Shire Services

Our Food



'Available Daily'

'A delicious, healthy main meal including vegan & vegetarian options, jacket potatoes with a selection of fillings, freshly baked bread & refreshing water & milk!'

'Grab & Go Packed Lunch'

Grab bag to include a tuna, cheese or ham sandwich, a piece of fruit, a yoghurt & a cookie.

'Selection of Cold Wraps'

Including cheese, tuna or ham.



**Week
Commencing**

Balanced, nutritious and freshly prepared tasty meals

Jacket Potatoes Available Daily - Fillings may include: *Cheese with beans, coleslaw, pineapple, tuna mayo & marinated chicken*

30/08/2021
20/09/2021
11/10/2021
08/11/2021
29/11/2021
03/01/2022
24/01/2022
14/02/2022
14/03/2022
04/04/2022
09/05/2022
06/06/2022
27/06/2022
18/07/2022

Week 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef Pie Quorn & Potato Pie (v)	Selection of Fish or Vegan Fish Fingers (served with chips) Pasta Neapolitan (v)	Roast Chicken or Quorn Fillet (v) (served with roast & mashed potatoes with gravy)	Pork Sausage (served with tomato & basil pasta) Quorn Sausage (v) (served with tomato & basil pasta)	Chicken Tikka Masala (served with herby diced potatoes) Pizza (v) (with a selection of toppings, served with herby diced potatoes)
Broccoli, Peas	Sweetcorn, Baked Beans	Carrots, Peas	Sweetcorn, Green Beans	Baked Beans, Sweetcorn
Selection of Cookies, Fruit Salad or Yoghurt	Chocolate Brownie, Fruit Salad or Yoghurt	Selection of Cake (served with custard), Fruit Salad or Yoghurt	Mini Doughnuts, Fruit Salad or Yoghurt	A Selection of Ice-cream, Fruit Salad or Yoghurt

06/09/2021
27/09/2021
18/10/2021
15/11/2021
06/12/2021
10/01/2022
31/01/2022
28/02/2022
21/03/2022
25/04/2022
16/05/2022
13/06/2022
04/07/2022

Week 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meatballs in a Tomato Sauce Mac 'n' Cheese (v)	Cottage Pie Vegetable & Cheese Parcel (v)	Roast Beef or Quorn Fillet (v) (served with a Yorkshire pudding, roast & mashed potatoes & gravy)	Chicken Curry (served with rice & naan bread) Fish Finger (served with mashed potatoes) Fishless Fingers (v) (served with mashed potatoes)	A Selection of Pizza (served with chips) Tomato & Basil Pasta (v)
Sweetcorn, Peas	Peas, Broccoli	Carrots, Cauliflower	Green Beans, Peas	Sweetcorn, Baked Beans
Mini Doughnuts, Fruit Salad or Yoghurt	A Selection of Cookies, Fruit Salad or Yoghurt	Chocolate Shortbread, Fruit Salad or Yoghurt	A Selection of Muffins, Fruit Salad or Yoghurt	Jelly Sundae, Fruit or Yoghurt

13/09/2021
04/10/2021
01/11/2021
22/11/2021
13/12/2021
17/01/2022
07/02/2022
07/03/2022
28/03/2022
02/05/2022
23/05/2022
20/06/2022
11/07/2022

Week 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fish Fingers (served with mashed potatoes) Fishless Fingers (v) (served with mashed potatoes)	Lasagne Quorn Lasagne (v)	Roast Chicken or Quorn Fillet (v) (served with roast & mashed potatoes with gravy)	Pork Sausage (served with chips) Vegan Quorn Sausage (v) (served with chips)	Pizza (with a selection of toppings, served with pasta) Mac 'n' Cheese (v)
Green Beans, Sweetcorn	Sweetcorn, Peas	Carrots, Broccoli	Baked Beans, Peas	Baked Beans, Sweetcorn
Mini Doughnuts, Fruit Salad or Yoghurt	Selection of Muffins, Fruit Salad or Yoghurt	Selection of Sponge (served with custard), Cheese & Crackers, Fruit Salad or Yoghurt	Syrup Sponge & Custard, Fruit Salad or Yoghurt	Fruit Jelly, A Selection of Ice-cream, Fruit Salad or Yoghurt

Available Daily: A selection of packed lunches including ham, cheese or tuna sandwich, a piece of fruit, a yoghurt & a cookie. Selection of Fish: Will be a combination of battered pollock, seaside fish fillet, fish cake, fish fingers, pollock bites, bubble crisp pollock fillet. Selection of Cold Wraps: Will include, cheese, tuna or ham.

Food Allergen & Intolerance Information: Before ordering speak to our staff about your requirements.