

Dear Parents and Carers,

This week has been a lovely week – with the weather we have been able to take the learning outdoors and our focus on Healthy Eating week has been our theme running through. Mr Ostermeyer and Miss Davies led an assembly at the beginning of the week to introduce the theme to the children and each daily focus was explained to them. It was brilliant to see everyone keen to try new foods and consider things such as packaging waste. In assembly we were also pleased to have a visit from Adam Green, from Radio Shropshire, to talk about his recent charity bike ride from Lands End to John O’Groats. The children were so interested to hear about his journey and the lesson on resilience was a powerful one. We enjoyed a visit to Christchurch for our monthly service this week and were pleased to see some parents in attendance. We will continue to let you know when families can come to watch. It is always nice to receive some good news from parents – this week I was informed about the achievement of Olivia Harris in Year 3 who has taken part in trials for Wolverhampton RTC and has made it to the final 11! Please feel free to message me if you have any news about your children you would like to share – it can be quite inspirational for others! I’d like to finish by saying a huge well done to our Year 5 pupils who have returned from their Pioneer residential – it was fed back about how much they enjoyed it and really tried their best to embrace all the new experiences. Well done Year 5!



Samantha Hill
Headteacher

UPCOMING EVENTS

Eco School Update:



June 2022

Monday 20th June	Year 6 water safety swimming
Friday 24th June	Year 2 and 4 Exotic Zoo in school
Monday 27th June	Heads Tea Party
Monday 27th June	Year 6 water safety swimming
Monday 27th June	Year 1 move up parents meeting– 3.30pm School Hall
Tuesday 28th June	Year 2 move up parents meeting– 3.30pm School Hall
Wednesday 29th June	Year 3&4 move up parents meeting– 3.30pm School Hall
Thursday 30th June	Year 5&6 move up parents meeting– 3.30pm School Hall
Thursday 30th June– Wednesday 6th July	Scholastic Book Fair in school

This week we made our very own ‘big hotels’. Firstly, we decorated them and discussed which colours our bugs would be more likely to be attracted to. Then, we went out to the woodland area to collect twigs, leaves and other natural objects the bugs may find comfortable. Finally, we placed them around the school grounds to encourage our eco-system to blossom.

July 2022

Monday 4th July	EYFS Sports day starting at 1pm
Monday 4th July	Annual Pupil reports out
Tuesday 5th July	Year 3 Choral Day
Wednesday 6th July	KS2 Sports day starting at 1pm
Thursday 7th July	KS1 Sports day starting at 1pm
Friday 8th July	Seaside Day Year 1
Tuesday 12th July– Tuesday 26th July	Move up fortnight
Wednesday 13th July	Year 6 Pioneer Trip
Friday 15th July	Year 6 return from Pioneer Trip
Monday 18th July– Thursday 21st July	Year 6 Bikeability
Wednesday 20th July	Year 6 Leavers party
Friday 22nd July	Year 6 Leavers performance 2pm
Tuesday 26th July	Last day of term



British Nutrition Foundation’s Healthy Eating Week 2022

REMINDER & NOTICES

- **Chicken Pox:** We have had further cases of chicken pox within school – some of these now in Key Stage 2. Please ensure you keep your child off if they have symptoms and they should not return until the spots have scabbed over. Thank you.
- **Parking on Lansdowne Road:** We have received reports once more that parents are parking on the Zig Zag markers when dropping off and picking up at Lansdowne gate. It is so important for the childrens' safety that there is clear visibility to cross and parking on the zig zags inhibits this. Thank you for your support.
- **Elevate celebration mile:** Information has been sent regarding grandparents joining their grandchildren on a celebratory mile round the track on 8th July. Please have sight of this as there is a Microsoft form attached. Thank you.

This week we have taken part in the *British Nutrition Foundation’s* ‘Healthy Eating Week 2022’, with this year’s theme being **Eat well for you and the planet!** Children have been learning about the different elements of nutrition alongside the impact that food production has on the planet in terms of the resources and energy required to grow our food.

After an assembly launch on Monday, we have focused on a different theme each day which play an important part in our own personal health as well as that of our Earth.

- Monday: Focus on fibre
- Tuesday: Get at least 5-a-day
- Wednesday: Vary your protein
- Thursday: Stay hydrated
- Friday: reduce food waste



Working closely with Mary our School cook, we have varied our lunchtime offer to include foods with these key nutritional content, including offering fruit-infused water daily, and a special chickpea and lentil curry on Thursday. School council also met with Mary on Friday to discuss the amount of food and packaging waste and how we can reduce this. Having talked to children during lunchtimes, feedback has been extremely positive, with lots of enjoyment of this and children talking what it means to eat healthily. This is going to be a big focus for us moving forwards into next year, a journey we are really excited to be moving along with. Thank you for your support at home. **Mr Ostermeyer and Miss Davies.**