

***Welcome back to everyone. We hope you enjoyed a fabulous holiday.***

Over the next few terms we will be having some exciting developments at Oakmeadow. As a Chartered College of Teaching Research Hub we have been exploring the pedagogy of learning over the last 6 months and looking to develop our provision in learning for our children. We have been committed for a while now to developing our mindfulness provision and supporting our children in the development of their mental and emotional resilience, their communication outlets and life skills. With this in mind we are also excited to be developing our outdoor spaces to support learning across our curriculum.

**We know that:**

Outdoor experiences support and develop physical; intellectual; emotional; social; and spiritual learning. So we will be encouraging our pupils to extend themselves and to build values around inter-personal relationships; the sustainable use of the environment and their relationship with and responsibilities towards their community and the wider world in which they live. As well as playing a part through developing our outdoor learning provision.

**We believe that outdoor experiences bring:**

- Fun, enjoyment, sense of community, shared experience
- Outdoor sport and activity
- Self-development (proactivity, resilience, confidence, patience, fairness)
- Relational development (group membership, team building, leadership, followership)
- Transferable skills (communication, problem solving, initiative, risk-taking)

**The work we will also be continuing in mindfulness will support the ongoing development of our children feeling:**

- less overwhelmed
- able to relax and therefore sleep better
- positive about the way they think about themselves and about their experiences (especially stressful experiences)
- able to manage difficult situations
- less anxious

## Why are we committed to this?

The scientific evidence and clinical research that underpins mindfulness and outdoor learning is strong and growing. It shows positive effects on several aspects of whole-person health, including the mind, the brain, the body, and behaviour, as well as a person's relationships with others. We believe this is a crucial part of the curriculum learning we offer for our children here at Oakmeadow.

If you would like to help us develop this, offer your skills in these areas or just want to be involved then please let us know:

[head@oakmeadowprimary.co.uk](mailto:head@oakmeadowprimary.co.uk)

Exciting times ahead, welcome back!

## Mini Police Officer Scheme



Our Head Boy and Head Girl have been working hard this week along side the new Mini Police officers .

Our Head Boy Said:

"There are often problems with parking around our school which can endanger the safety of the children on their way to and from school. We are working together with West Mercia police to remind drivers to park safely. As we are a safer school we have been chosen to be one of the first in Shropshire to receive "Mini Officers" we are hoping these will remind people to park considerately."

Our Head Girl said:

"Our work this week has been making sure that parents and other members of Bayston Hill don't park on the zig zags outside school. The job we are doing is having an impact as less people are parking on the zig zags."

## Dates for your diary 2018/2019

| January 2019            |  |
|-------------------------|--|
| Wednesday 9th           | Yr 3 Swimming                              |
| Monday 14th             | Reception & Yr 6 Height & Weight           |
| Wednesday 16th          | Yr 3 Swimming                              |
| Tuesday 22nd            | Young voices concert                       |
| Wednesday 23rd          | Yr 3 Swimming                              |
| Monday 28th             | Last week of Clubs before half term        |
| Wednesday 30th          | Yr 3 Swimming                              |
| February 2019           |  |
| Wednesday 6th           | Yr 3 Swimming                              |
| Wednesday 13th          | Yr 3 Swimming                              |
| Friday 15 <sup>th</sup> | Break up for half term                     |
| Monday 25 <sup>th</sup> | Back to school—Clubs Start again this week |
| Wednesday 27th          | Yr 3 Swimming                              |

## Wow Moment



Well done to George A, George D and Elliott G who all achieved their Chief Scouts Bronze Award in December 2018, the highest award that can be gained by Beaver Scouts.

They left 1st Bayston Hill Beavers in December and will begin cubs this month (January 2019).

## Nursery Artwork

We are all very excited by our new art work being painted in nursery this week we cant wait to see it finished.



## Ladybirds Wraparound Care Important Notice

Please note if you need to contact wraparound care outside of office hours (7:55am-8:30am & 4:00pm - 5:30pm) call the direct line on 01743 872334.

Thank you.



## Smart Watches

We have been made aware children are coming into school with smart watches with camera integrated, please be aware that there are strict data protection laws around sharing photographs which we work very hard at school to secure. As you will be aware there is also strict safe guarding rules in relation to sharing photographs. Therefore it is not appropriate for children to be wearing integrated smart watches we apologise for any inconvenience on this but there is not flexibility on this matter. Thank you for your support in this area.





# Oakies Winter

## Favourites

THURSDAY 17TH JANUARY

**Sausage**

**Fish**

**Cheesy Pasta Bake**

**Jacket Potato with Cheese or Beans**

*Served with*

**Chips or Mash**

**&**

**Beans or Sweetcorn**

*Followed by*

**Jam & Coconut Cookies**

**Frozen Yoghurt**

**Fresh Fruit**

**A Selection of Yoghurts**

## Free School Meals

Are you eligible for free school meals? why not find out now?

If you or your partner are claiming any of the following benefits you maybe eligible:

- Income support
- Income based Job seekers allowance
- Income related Employment and support Allowance
- Guaranteed element of state pension credit
- Child Tax Credit only (provided you are not receiving Working Tax Credit and you do not have an annual income that exceeds £16,190)

To apply online for free school meals please click the link below

<https://forms.shropshire.gov.uk/cus/servlet/ep.app?ut=X&type=24585&auth=303&web.url.Value=http://sw08umbracoo2:8082/free-school-meals/apply-for-free-school-meals/&.Value=>

Or Please complete the attached form and return to the school office or for more information email [fsm@shropshire.gov.uk](mailto:fsm@shropshire.gov.uk)

## Advertising

Would you or someone you know like to advertise their business in our newsletter for just £20 a year?

Please email [admin@oakmeadowprimary.co.uk](mailto:admin@oakmeadowprimary.co.uk) for more information.



## Reminder

The school office is **closed every Friday** from 9:30 - 2:30. The school answerphone will be checked regularly throughout the day in case of emergency.

Thank you .

## School Games Autumn sports updates

Over the last half term we have had children represent the school in local school games events, competing against other Shrewsbury schools in different events.

Our first event was the Y3/4 cross country, now held annually at Mereside Primary School. In fairly cold and muddy conditions, our children represented Oakmeadow admirably, with some excellent performances on display. Special mention to Jacob S, who came 2nd in the Y3 boys race! Jacob is a regular at Shrewsbury Juniors Parkrun on a Sunday morning, and this regular running ensured he was able to push the boy in 1st place (also a Parkrunner) all the way to the finish line where he was narrowly pipped. Well done to all Oakmeadow children; it was great to see smiles and encouragement on the way around the course in what was for most their first opportunity to represent their school.

### Y3 girls:

Joy M 52th

Pippa B 53th

Emily J 54th

### Y3 boys:

Jacob S 2nd

Sam R 20th

George A 40th

### Y4 girls:

Phoebe R 22nd

Kaitlin H 52nd

Amelia K 57th

### Y4 boys:

Leo S 21st

Giovanni A 22nd

Thomas S 65th


We have also recently had the School Games basketball competition, which is the last event before Christmas. Last Monday, 3 December, in a cold Sundorne Sports Hall, our team performed exceptionally well, winning their group by first beating Trinity and Coleham. We then progressed to Pool A for the chance to represent Shrewsbury in the finals in March. In an incredibly close contest, we were edged out by one basket to Harlescott Juniors, losing 6-4. We then proceeded to beat St. Giles. Unfortunately, this was not enough, as the defeat saw us competing for 3rd place. We achieved this with great success, beating Greenfields to the bronze position. Great skills on display all around, and great ambassadors for our school.

Monday team: Esme H, Rose K, Elizabeth T, Caiden S, Josh H, Harry C.



## SECOND-HAND UNIFORM SHOP

### PRICE GUIDE

| <u>Official School Logo Items</u> |    |  |  | <u>Plain School Uniform Items</u> |     |
|-----------------------------------|----|---|--|-----------------------------------|-----|
| Coats                             | £5 |   |  | Lilac Summer Dresses              | £1  |
| Jumpers / Cardigans               | £3 |   |  | Daps / Shoes                      | £1  |
| T-Shirts/PE (House) T-Shirts      | £1 |   |  | Skirts/Pinafores/Shorts /         | 50p |
| Book Bag /Rucksacks/PE Bags       | £1 |   |  | Trousers                          | 50p |
| Baseball Caps                     | £1 |   |  | P.E. Shorts /Leggings/T-Shirts    | 20p |
|                                   |    |   |  | Hair Scrunches' /Socks/Tights     |     |

### Located Opposite The Main Meeting Room

**This Service Is Run Entirely By Volunteers  
& All Donations Go To Oakmeadow PTA**

### PLEASE HELP To Keep This Service Available By



1. Donating good clean uniform (in the box provided)
2. Paying for purchases at Reception
3. Keeping the cupboard tidy

## Thanks For Your Support!

**If you have any spare children's clothes hangers donations would be greatly appreciated. Please drop off at the main school reception. Thank you**

# 0.5% CASH BACK ON AMAZON!

As we are a charity we have registered with Amazon smile.

If you shop with Amazon just go to <https://smile.amazon.co.uk>

Sign in as normal, search for Friends of Oakmeadow, select then shop as normal.

We get given 0.5% of the cost of your net purchase\* at no extra cost to you. Easy!

\*currently only on web not app shopping



Friends of  
Oakmeadow

## Community News

### HIIT Training

Mickey Brown (Ex Shrewsbury Town football player and personal trainer) is continuing to teach HIIT (high intensity interval training) on Tuesday evenings, 7.45pm at Oakmeadow School. We are offering half price classes for January and February. For all enquiries please contact Tara Thomas on 07979522197



# ARE YOU A CONFIDENT PARENT?

TV PRODUCTION COMPANY MONKEY KINGDOM ARE  
LOOKING FOR FAMILIES WITH CHILDREN AGED BETWEEN  
5 & 13 FOR A BRAND NEW PARENTING EXPERIMENT!



ARE YOU  
CONFIDENT IN YOUR  
PARENTING ABILITY?

DO YOU HAVE A  
PARTICULAR PARENTING  
STYLE?

ARE YOU PROUD  
OF YOUR  
PARENTING?

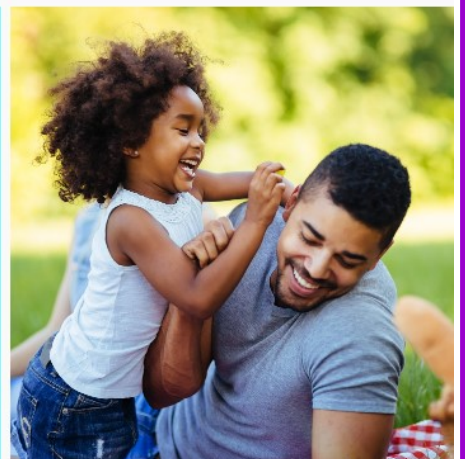
WOULD YOU LIKE TO  
SHARE YOUR APPROACH  
WITH OTHERS?

WHETHER YOU'RE A COUPLE OR A SINGLE PARENT, WE  
WANT YOU TO GET IN TOUCH AND TELL US WHAT  
MAKES YOUR PARENTING STYLE SO GREAT!

**CONTACT**  
**PARENT@MONKEYKINGDOM.COM**



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FOR MORE INFO ON HOW MONKEY KINGDOM LTD AND NBC UNIVERSAL GROUP COMPANIES HOLD,  
STORE AND PROCESS YOUR INFORMATION PLEASE GO TO [HTTP://WWW.NBCUNI.COM/PRIVACY](http://www.nbcuni.com/privacy)



## Bayston Hill After School Club

Bayston Hill After School Club are happy to announce that we are celebrating 20 years of service. We would like to thank all our past, present and future customers for their support.

