



# Forest School

“The more risks you allow children to make, the better they learn to take care of themselves.”

— Roald Dahl

December 2024

Dear Parents/Carers

I am really excited to say that during the Spring term, Year 1 will be taking part in Forest School on **Mondays (starting Monday 20<sup>th</sup> January for Centipedes).** (This will be alternate weeks for Centipedes and Caterpillars so Caterpillars' first session will be Mon 27<sup>th</sup> January). To fully take part in all activities that Forest School has to offer, your child will need to be dressed appropriately as it will take place in all weathers... and regardless of the weather, they may choose to get wet and muddy - all part of the fun! 😊

**Forest School Kit List required (for every session regardless of weather):**

Waterproof jacket/coat

Waterproof trousers (or waterproof all-in-one)

Wellington boots/ sturdy shoes (suitable for getting muddy)

**Extra layers will be required on colder days including:**

Warm socks

Trousers/joggers (under waterproofs)

Fleece /Sweatshirt/ jumper

Gloves/ hat /scarf

Please ask if you have any queries and I will be happy to help.

Thank you,

Mrs Marston.

“Play is the highest form of research.”

— Albert Einstein